PARENT/CHILD EXERCISE ROOM RULES
Bradley Fitness and Sports Center

Maximum Occupancy 16 (including adults and children)

- Children must be supervised by their own parents/legal guardians; parents/legal guardians must maintain direct line-of-sight supervision of their children at all times.
- The maximum age limit for children in the children's area of the Parent/Child Exercise Room is nine years of age. Older siblings ages 10-13 years are allowed to exercise on equipment if enrolled in the Youth Fitness Program. See the Front Desk for enrollment.
- Any toys brought by parents/legal guardians must be of a non-violent nature (i.e., toy weapons are not allowed). Items, including toys and toy parts that pose a choking hazard to small children, are not permitted.
- Only child-appropriate stations or G-Rated movies will be played on the TV.
- No food or drinks are allowed other than baby bottles.
- No shoes on kid's mats in the child area.
- All equipment and toys located in the Parent/Child Exercise Room are used on a first-come/first-served basis.
- Do not change diapers in the Parent/Child Exercise Room. There are changing stations located in each of the locker rooms.
- Use of equipment is limited to one hour (when others are waiting).
- The Parent/Child Exercise Room is for parents/guardians caring for children only; all others must use regular facilities.
- Security camera is in use monitoring the Parent/Child Exercise Room.
- Parent/Child Exercise Room is only available during staffed hours.